

# GESU Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>April 24</b>  <b>Corn Dogs OR Mac &amp; Cheese</b></p> <p>Green Bean                      Fresh Apple Slices                      Milk or water</p> <p><b>Nachos w/Cheese</b></p>	<p><b>April 25</b>  <b>Beef OR Chicken Soft Taco</b></p> <p>Spanish Rice                      Oranges Slices                      Milk or Water  <b>Pretzels</b></p>	<p><b>April 26</b>  <b>Pizza OR Ham &amp; Cheese Sandwich</b></p> <p><i>Baked</i> Fries                      Broccoli                      Milk or Water</p>	<p><b>April 27</b>  <b>Waffles w/Sausage Link OR Grilled Ham &amp; Cheese</b></p> <p>Mixed Veggies &amp; Fruit Salad                      Milk or Water  <b>Earth Day Treat</b></p>	<p><b>April 28</b>  <b>Pizza OR Popcorn Chicken</b></p> <p>Fresh Pineapple  <i>Baked</i> Waffle Fries                      Milk or water</p>
<p><b>May 1</b>  <b>Mini Corn Dogs OR BBQ Chicken Sandwich</b></p> <p>Grapes                      Baked Carrots                      Milk or Water  <b>Nachos w/Cheese</b></p>	<p><b>May 2</b>  <b>Beef Soft Taco OR BBQ Chicken Sandwich</b></p> <p>Peppers, Corn &amp; Rice                      Mandarin Oranges                      Milk or Water  <b>Pretzels</b></p>	<p><b>May 3</b>  <b>Pizza OR Chicken Tenders</b></p> <p>Roasted Brussel Sprouts  <i>Baked</i> Sweet Potato                      Waffle Fries                      Milk or water</p>	<p><b>May 4</b>  <b>Spaghetti w/ Meat Balls &amp; Garlic Stick OR BBQ Chicken Sandwich</b></p> <p>Green Beans &amp; Apples                      Milk or Water  <b>Fresh Smoothie</b></p>	<p><b>May 5</b>  <b>Pizza OR Cheese Quesadillas</b></p> <p><i>Baked</i> Fries                      Roasted Corn &amp; Sweet Peppers                      Milk or Water  <b>Nachos</b>                      Happy Cinco de Mayo</p>
<p><b>May 8</b>  <b>Grilled Cheese Sandwich OR Hot Dog</b></p> <p>Mixed Veggies                      Fruit Salad                      Milk or Water  <b>Nachos w/Cheese</b></p>	<p><b>May 9</b>  <b>Chicken or Beef Walking Taco OR Hot Dog</b></p> <p>Rice and Black Beans                      Fresh Pineapple                      Milk or Water  <b>Pretzels</b></p>	<p><b>May 10</b>  <b>Pizza OR Baked Potato Bar</b></p> <p>Fruit Slushy Freeze  <i>Baked</i> Sweet Potato Fries                      Milk or water</p>	<p><b>May 11</b>  <b>Chocolate Chip Pancake w/Sausage Links OR Hot Dog</b></p> <p>Orange Slices                      Broccoli                      Milk or water  <b>Fresh Smoothie</b></p>	<p><b>May 12</b>  <b>Pizza OR Chicken Nuggets</b></p> <p>Fruit Salad  <i>Baked</i> Waffle Fries                      Milk or water</p>
<p><b>May 15</b>  <b>Chicken Fried Rice OR Cheeseburger /WB Bun</b></p> <p>Green Beans                      Pears                      Milk or Water  <b>Nachos w/Cheese</b></p>	<p><b>May 16</b>  <b>Beef Walking Taco OR Crispy Chicken Sandwich /WB Bun</b></p> <p>Roasted Potatoes                      Corn                      Milk or Water  <b>Pretzels</b></p>	<p><b>May 17</b>  <b>Pizza OR Crispy Chicken Sandwich /WB Bun</b></p> <p>Mixed Veggies  <i>Baked</i> Smile Fries                      Milk or water</p>	<p><b>May 18</b>  <b>French Toast Sticks w/Sausage OR Crispy Chicken Sandwich</b></p> <p>Grapes                      Broccoli Parmesan                      Milk or Water  <b>Fresh Smoothie</b></p>	<p><b>May 19</b>  <b>Pizza OR Pop Corn Chicken</b></p> <p>Sliced Apples  <i>Baked</i> Sweet Potato Fries                      Milk or water</p>
<p><b>May 22</b>  <b>Chicken Caesar Wrap OR Cheeseburger /WB Bun</b></p> <p>Fresh Fruit Salad                      Mixed Veggies                      Milk or Water  <b>Nachos w/Cheese</b></p>	<p><b>May 23</b>  <b>Beef or Chicken Soft Taco OR Grilled Cheese Sandwich</b></p> <p>Corn &amp; Rice                      Fresh Pineapple                      Milk or Water  <b>Pretzels</b></p>	<p><b>May 24</b>  <b>Pizza OR Grilled Cheese Sandwich</b></p> <p>Pears  <i>Baked</i> Fries                      Milk or water</p>	<p><b>May 26</b>  <b>Spaghetti w/ Marinara &amp; Cheese Stick OR Grilled Cheese Sandwich</b></p> <p>Carrots                      Fruit Salad                      Milk or Water  <b>Fresh Smoothie</b></p>	<p><b>May 27</b>  <b>Pizza OR Waffles &amp; Chicken</b></p> <p>Mixed Veggies  <i>Baked</i> Sweet Potato Waffle                      Fries                      Milk or water</p>

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.



Lunch Price.....\$3.50

### Daily A La Carte Selections

- Grilled Chicken Salad 5.00
- Fresh Baked Muffin 1.00
- Yogurt Parfait w/granola 2.50
- Side Salad 2.50
- Entrée Only 2.50
- Pizza 2.50-Wed.& Fri.**
- Sold only by the slice**
- Fresh Turkey Wraps 3.25
- Assorted Snacks- .75 to 2.00
- Seasonal Hand Fruit .80
- Fresh Fruit or Veggie Cup 1.00
- Assorted Milk .50
- Cheese Stick .50
- Assorted Ice Cream 1.00-2.00
- Assorted Beverages 1.50
- Soft Pretzel 1.25-Tuesday
- Nachos 2.00-Monday
- Please Note That All Combo Meals Are Served With Your Choice of Milk or Water**
- Cafeteria Manager**  
**Laura Coviello**  
**932-0620 Ext. 114**

