

GESU Elementary Lunch Menu- March 2018

New Daily A La Carte Items: 2 Different Soups on Tues. Wed. Thur. & Fri.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 26 Corn Dogs OR Cheeseburger WG Bun Mandarin Oranges Carrots Milk or Water Nachos w/Cheese Corn Chowder Soup	February 27 Beef OR Chicken Soft or Walking Taco OR Cheeseburger WG Bun Roasted Potatoes Peaches Milk or Water Pretzel Chicken Dumpling Soup	February 28 Cheeseburger WG Bun Brussel Sprouts <i>Baked</i> Waffle Fries Milk or water OR Pizza Corn Chowder Soup	March 1 French Toast WG W/Sausage Links OR Cheeseburger WG Bun Broccoli & Warm Apples Milk or Water Fresh Smoothie Chicken Dumpling Soup	March 2 Cheese Pierogis <i>Baked</i> Sweet WFL Fries & Fruit Slushy Milk or water OR Pizza Corn Chowder & Tomato Basil Soup
March 5 Chicken Lo Mein OR Hot Dog WG Bun Strawberries & Green Beans Milk or Water Nachos w/Cheese Tomato Basil Soup	March 6 Beef or Chicken Soft or Walking Taco OR Hot Dog WG Bun Peppers, Corn & Rice Pineapple Milk or Water Pretzels Chicken & Rice Soup	March 7 Chicken Nuggets Mixed Veggies <i>Baked</i> Smile Fries Milk or water OR Pizza Tomato Basil Soup	March 8 Pasta Marinara W/Garlic Stick OR Hot Dog WG Bun Broccoli & Pineapple Milk or Water Fresh Smoothie Chicken & Rice Soup	March 9 Grilled Cheese <i>Baked</i> Tater Tots Fruit Slushy Milk or Water OR Pizza Tomato Basil Soup & Corn Chowder
March 12 Meatball Sub OR BBQ Chicken Sandwich WG Bun Apples & Cauliflower Milk or Water Nachos w/Cheese Potato Bacon Soup	March 13 Beef or Chicken Soft or Walking Taco OR BBQ Chicken Sandwich WG Bun Corn & Pears Milk or Water Pretzels Italian Wedding Soup	March 14 Chicken Tenders Pineapple <i>Baked</i> Fries Milk or water OR Pizza Potato Bacon Soup	March 15 Donut Holes & Sausage Links WG OR BBQ Chicken Sandwich WG Bun Grapes & Brussel Sprouts Milk or Water Fresh Smoothie Italian Wedding Soup	March 16 Baked Potato Bar Fruit Slushy <i>Baked</i> Sweet Potato Fries Milk or water OR Pizza Corn Chowder & Tomato Basil Soup
March 19 Pulled Pork Sandwich WG Bun OR Corn Dogs Corn & Peaches Milk or Water Nachos w/Cheese Italian Wedding Soup	March 20 Gesu Soup Lunch Day of Fasting Chicken Noodle Soup w/Roll Donation	March 21 Popcorn Chicken Mixed Veggies <i>Baked</i> Fries Milk or water OR Pizza Italian Wedding Soup	March 22 Pasta Marinara w/ Meat Balls & Garlic Stick OR Corn Dog Broccoli & Fruit Salad Milk or Water Fresh Smoothie Chicken Noodle Soup	March 23 Mac & Cheese <i>Baked</i> Sweet WFL Fries Fruit Slushy & Broccoli Milk or water OR Pizza Tomato Basil Soup & Corn Chowder
March 26 Ham & Cheese Sandwich OR Crispy Chicken Sandwich /WG Bun Mandarin Oranges & Green Beans Milk or water Nachos w/Cheese Corn Chowder Soup	March 27 Beef or Chicken Soft Taco OR Crispy Chicken Sandwich /WG Bun Roasted Potatoes Fresh Pineapple Milk or Water Pretzels Chicken Dumpling Soup	March 28 Crispy Chicken Sandwich /WG Bun <i>Baked</i> Fries & Fruit Salad Milk or water OR Pizza Corn Chowder Soup	March 29 Bacon, Egg & Cheese Muffin OR Crispy Chicken Sandwich WG Bun Pears & Green Beans Milk or Water Fresh Smoothie Chicken Dumpling Soup	March 30 No School

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.



Combo Lunch Price....\$3.50
 Entrée Only.....\$2.50
 Side Only.....\$1.00

Pizza Days are Wed. & Fri.
\$2.50 Sold Only by the Slice.

- A La Carte Selections**
- Grilled Chicken Salad \$5.00
 - Baked Muffin \$1.00(M, W & F)
 - Yogurt Parfait w/granola \$2.50
 - Side Salad \$2.50
 - Entrée Only \$2.50
 - Soup and Roll \$2.50
 - Fresh Turkey OR Ham Wraps \$3.25
 - Assorted Snacks \$1.00 - \$2.00
 - Seasonal Hand Fruit \$1.00
 - Assorted Milk \$.50
 - Cheese Stick \$.50
 - Assorted Ice Cream \$1.00 - \$2.50
 - Assorted Beverages \$1.50
 - Soft Pretzel \$1.25 - Tuesday
 - Nachos \$2.00 - Monday
 - Smoothies \$1.50 - Thursday
- * **Please Note that ALL Combo Meals are served w/two sides & your choice of Milk or Water.**

