

GESU Elementary Lunch Menu- April 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>April 9 BBQ Pulled Pork Sandwich OR Cheeseburger WG Bun Apples, Corn Milk or Water Nachos w/Cheese Corn Chowder Soup</p>	<p>April 10 Beef OR Chicken Soft or Walking Taco OR Cheeseburger WG Bun Spanish Rice & Peaches Milk or Water Pretzel Corn Chowder Soup</p>	<p>April 11 Cheeseburger WG Bun Brussel Sprouts <i>Baked</i> Waffle Fries OR Pizza Milk or water Corn Chowder Soup</p>	<p>April 12 French Toast WG W/Sausage Links OR Cheeseburger WG Bun Broccoli & Fruit Salad Milk or Water Fresh Smoothie Corn Chowder Soup</p>	<p>April 13 Popcorn Chicken <i>Baked</i> Fries Fruit Slushy OR Pizza Milk or water Corn Chowder</p>
<p>April 16 Warm Roast Beef Sandwich OR Hot Dog WG Bun Strawberries & Green Beans Milk or Water Nachos w/Cheese Chicken Noodle Soup</p>	<p>April 17 Beef or Chicken Soft or Walking Taco OR Hot Dog WG Bun Peppers, Corn & Rice Pineapple Milk or Water Pretzels Chicken Noodle Soup</p>	<p>April 18 BBQ Chicken Sandwich WG Bun Mixed Veggies <i>Baked</i> Smile Fries OR Pizza Milk or water Chicken Noodle Soup</p>	<p>April 19 Scrambled Eggs w/ Bacon & Cheesy Potatoes OR Hot Dog WG Bun Broccoli & Apples Milk or Water Fresh Smoothie Chicken Noodle Soup</p>	<p>April 20 Chicken Tenders <i>Baked</i> Tater Tots Fruit Slushy OR Pizza Milk or Water Chicken Noodle Soup</p>
<p>April 23 Meatball Sub OR BBQ Chicken Sandwich WG Bun Grapes & Cauliflower Milk or Water Nachos w/Cheese Chef's choice Soup</p>	<p>April 24 Beef or Chicken Soft or Walking Taco OR BBQ Chicken Sandwich WG Bun Corn & Pears Milk or Water Pretzels Chef's choice Soup</p>	<p>April 25 Indians Home Game \$1 Hot Dog WG Bun <i>Baked</i> Fries & Mandarin Oranges OR Pizza Milk or water Chef's choice Soup</p>	<p>April 26 Pasta Marinara w/ Meat Balls & Garlic Stick OR BBQ Chicken Sandwich WG Bun Fruit Salad & Brussel Sprouts Milk or Water Fresh Smoothie Chef's choice Soup</p>	<p>April 27 Chicken Nuggets Fruit Slushy <i>Baked</i> Sweet Potato Fries OR Pizza Milk or water Chef's choice Soup</p>
<p>April 30 Cheese Quesadillas OR Corn Dogs Broccoli & Peaches Milk or Water Nachos w/Cheese</p>	<p>May 1 Beef or Chicken Soft or Walking Taco OR Corn Dogs Roasted Potatoes & Corn Milk or Water Pretzels</p>	<p>May 2 Corn Dogs Mixed Veggies <i>Baked</i> Smile Fries OR Pizza Milk or water</p>	<p>May 3 Belgian Waffle w/ Sausage Link OR Corn Dog Brussel Sprouts & Fruit Salad Milk or Water Fresh Smoothie</p>	<p>May 4 Corn Dog <i>Baked</i> Tater Tots Fruit Slushy Milk or Water OR Pizza</p>
<p>May 7 Grilled Cheese Sandwich OR Crispy Chicken Sandwich /WG Bun Mandarin Oranges & Green Beans Milk or water Nachos w/Cheese</p>	<p>May 8 Beef or Chicken Soft Taco OR Crispy Chicken Sandwich /WG Bun Rice, Corn & Peppers Fresh Pineapple Milk or Water Pretzels</p>	<p>May 9 Crispy Chicken Sandwich /WG Bun <i>Baked</i> Fries & Grapes OR Pizza Milk or water</p>	<p>May 10 Donut Holes OR Crispy Chicken Sandwich Fruit Salad & Carrots Milk or Water Fresh Smoothie</p>	<p>May 11 Popcorn Chicken <i>Baked</i> Sweet WFL Fries OR Pizza Milk or water</p>

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.



Combo Lunch Price....\$3.50
Entrée Only.....\$2.50
Side Only.....\$1.00

Pizza Days are Wed. & Fri.
\$2.50 Sold Only by the Slice.

A La Carte Selections

- Grilled Chicken Salad \$5.00
 - Baked Muffin \$1.00(M, W & F)
 - Yogurt Parfait w/granola \$2.50
 - Side Salad \$2.50
 - Entrée Only \$2.50
 - Soup and Roll \$2.50
 - Fresh Turkey OR Ham Wraps \$3.25
 - Assorted Snacks \$1.00 - \$2.00
 - Seasonal Hand Fruit \$1.00
 - Assorted Milk \$.50
 - Cheese Stick \$.50
 - Assorted Ice Cream \$1.00 - \$2.50
 - Assorted Beverages \$1.50
 - Soft Pretzel \$1.25 - Tuesday
 - Nachos \$2.00 - Monday
 - Smoothies \$1.50 - Thursday
- * Please Note that ALL Combo Meals are served w/two sides & your choice of Milk or Water.**

