

# GESU Elementary Lunch Menu- August

## Soup will start in October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>August 27</b> <b>Green School</b> <b>Student Orientation</b>	<b>August 28</b> <b>Beef OR Chicken Soft Taco OR Hot Dogs WG Bun</b> Corn Peaches Milk or Water <b>Pretzel</b>	<b>August 29</b> <b>Hot Dogs WG Bun</b> Broccoli <i>Baked</i> Waffle Fries Milk or water <b>OR</b> <b>Pizza</b>	<b>August 30</b> <b>Waffles WG W/Sausage Links OR Hot Dogs WG Bun</b> Green Beans Watermelon Milk or Water	<b>August 31</b> <b>Chicken Nuggets</b> <i>Baked</i> Tater Tots Fruit Salad Milk or water <b>OR</b> <b>Pizza</b>
<b>September 3</b> No School 	<b>September 4</b> <b>Beef or Chicken Soft Taco OR Hamburger WG Bun</b> Peppers, Corn & Rice Pineapple Milk or Water <b>Pretzels</b>	<b>September 5</b> <b>Hamburger WG Bun</b> Brussel Sprouts <i>Baked</i> Smile Fries Milk or water <b>OR</b> <b>Pizza</b>	<b>September 6</b> <b>French Toast WG w/ Sausage Links OR Hamburger WG Bun</b> Broccoli & Apple Slices Milk or Water <b>Fresh Smoothie</b>	<b>September 7</b> <b>Chicken Tenders</b> <i>Baked</i> Tater Tots Watermelon Milk or Water <b>OR</b> <b>Pizza</b>
<b>September 10</b> <b>Ham &amp; Cheese Sandwich OR BBQ Chicken Sandwich WG Bun</b> Grapes & Cauliflower Milk or Water <b>Nachos w/Cheese</b>	<b>September 11</b> <b>Beef or Chicken Soft Taco OR BBQ Chicken Sandwich WG Bun</b> Corn & Strawberries Milk or Water <b>Pretzels</b>	<b>September 12</b> <b>BBQ Chicken Sandwich WG Bun</b> Mixed Veggies <i>Baked</i> Fries Milk or water <b>OR</b> <b>Pizza</b>	<b>September 13</b> <b>Donut Holes &amp; Sausage Links WG OR BBQ Chicken Sandwich WG Bun</b> Watermelon & Brussel Sprouts Milk or Water <b>Fresh Smoothie</b>	<b>September 14</b> <b>Popcorn Chicken</b> Fruit Salad <i>Baked</i> Waffle Fries Milk or water <b>OR</b> <b>Pizza</b>
<b>September 17</b> <b>Cheese Pierogis OR Corn Dogs</b> Carrots Peaches Milk or Water <b>Nachos w/Cheese</b>	<b>September 18</b> <b>Beef or Chicken Soft Taco OR Corn Dog</b> Roasted Potatoes & Corn Milk or Water <b>Pretzels</b>	<b>September 19</b> <b>Corn Dog</b> Mixed Veggies <i>Baked</i> Smile Fries Milk or water <b>OR</b> <b>Pizza</b>	<b>September 20</b> <b>Egg, Bacon, Cheese Sandwich OR Corn Dog</b> Broccoli & Watermelon Milk or Water <b>Fresh Smoothie</b>	<b>September 21</b> <b>Chicken Fries</b> <i>Baked</i> Tater Tots Fruit slushy Milk or Water <b>OR</b> <b>Pizza</b>
<b>September 24</b> <b>Meatball Sub OR Grilled Cheese</b> Mandarin Oranges Carrots Milk or Water <b>Nachos w/Cheese</b>	<b>September 25</b> <b>Beef or Chicken Soft Taco OR Crispy Chicken Sandwich /WG Bun</b> Corn & Rice Fresh Pineapple Milk or Water <b>Pretzels</b>	<b>September 26</b> <b>Crispy Chicken Sandwich /WG Bun</b> Apples & <i>Baked</i> Fries Milk or water <b>OR</b> <b>Pizza</b>	<b>September 27</b> <b>Pasta Marinara w/ Garlic Stick OR Crispy Chicken Sandwich WG Bun</b> Grapes & Green Beans Milk or Water <b>Fresh Smoothie</b>	<b>September 28</b> <b>Crispy Chicken Sandwich WG Bun</b> Fruit Salad & Broccoli Milk or water <b>OR</b> <b>Pizza</b>

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.



**Combo Lunch Price....\$3.50**  
 Entrée Only.....\$2.50  
 Side Only.....\$1.00

**Pizza Days are Wed. & Fri.**  
**\$2.50 Sold Only by the Slice.**

**A La Carte Selections**  
 Grilled Chicken Salad \$5.00  
 Baked Muffin \$1.00(M, W & F)  
 Yogurt Parfait w/granola \$2.50  
 Side Salad \$2.50  
 Entrée Only \$2.50  
 Soup and Roll \$2.50  
 Fresh Turkey OR Ham Wraps \$3.25  
 Assorted Snacks \$1.00 - \$2.00  
 Seasonal Hand Fruit \$1.00  
 Assorted Milk \$.50  
 Cheese Stick \$.50  
 Assorted Ice Cream \$1.00 - \$2.50  
 Assorted Beverages \$1.50  
 Soft Pretzel \$1.25 - Tuesday  
 Nachos \$2.00 - Monday  
 Smoothies \$1.50 - Thursday  
**\* Please Note that ALL Combo Meals are served w/two sides & your choice of Milk or Water.**

