

GESU Elementary Lunch Menu- November

New this Month and every Thursday- S'mores for \$1.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 5 Mini Corn Dogs OR BBQ Chicken Sandwich WG Bun Broccoli Warm Apples Milk or Water Nachos w/Cheese Butternut Squash Soup	November 6 Beef OR Chicken Soft Taco OR BBQ Chicken Sandwich WG Bun Corn & Grapes Milk or Water Pretzel Butternut Squash Soup	November 7 BBQ Chicken Sandwich WG Bun Mixed Veggies & <i>Baked</i> Waffle Fries Milk or water OR Pizza Butternut Squash Soup	November 8 	November 9 
November 12 Mac & Cheese OR Hamburger WG Bun Broccoli Grapes Milk or Water Nachos w/Cheese Chicken Noodle Soup	November 13 Beef or Chicken Soft Taco OR Hamburger WG Bun Spanish Rice Pineapple Milk or Water Pretzels Chicken Noodle Soup	November 14 Hamburger WG Bun Brussel Sprouts <i>Baked</i> Smile Fries Milk or water OR Pizza Chicken Noodle Soup	November 15 Waffles WG W/Sausage Links OR Hamburger WG Bun Green Beans & Mandarin Oranges Milk or Water Fresh Smoothie Chicken Noodle Soup	November 16 Popcorn Chicken Fruit Slushy <i>Baked</i> Waffle Fries Milk or water OR Pizza Chicken Noodle Soup
November 19 BBQ Pulled Pork Sandwich OR Crispy Chicken Sandwich WG Bun Veggies & Warm Apples Milk or Water Nachos w/Cheese Corn Chowder	November 20 Beef or Chicken Soft Taco OR Crispy Chicken Sandwich Corn & Peaches Milk or Water Pretzels Corn Chowder	November 21 	November 22 	November 23 
November 26 Cheese Pierogis OR Meatball Sub WG Bun Carrots Orange Slices Milk or Water Nachos w/Cheese Chicken Dumpling Soup	November 27 Beef or Chicken Soft Taco OR Meatball Sub WG Bun Roasted Potatoes & Corn Milk or Water Pretzels Chicken Dumpling Soup	November 28 Meatball Sub WG Bun Mixed Veggies <i>Baked</i> Smile Fries Milk or water OR Pizza Chicken Dumpling Soup	November 29 Pasta Marinara w/Garlic Stick OR Meatball Sub WG Bun Broccoli & Grapes Milk or Water Fresh Smoothie Chicken Dumpling Soup	November 30 Chicken Tenders <i>Baked</i> Tater Tots Fruit Salad Milk or Water OR Pizza Chicken Dumpling Soup
December 3 Grilled Cheese OR Hot Dog /WG Bun Mandarin Oranges Carrots Milk or Water Nachos w/Cheese Tomato Basil Soup	December 4 Beef or Chicken Soft Taco OR Hot Dog /WG Bun Corn & Rice Fresh Pineapple Milk or Water Pretzels Tomato Basil Soup	December 5 Hot Dog /WG Bun Blueberry Crisp & <i>Baked</i> Fries Milk or water OR Pizza Tomato Basil Soup	December 6 French Toast w/Sausage Links OR Hot Dog WG Bun Grapes & Green Beans Milk or Water Tomato Basil Soup	December 7 Chicken Nuggets Fruit Slushy & Broccoli Milk or water OR Pizza Tomato Basil Soup

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.



Combo Lunch Price....\$3.50
 Entrée Only.....\$2.50
 Side Only.....\$1.00

Pizza Days are Wed. & Fri.
\$2.50 Sold Only
by the Slice.

A La Carte Selections

- Grilled Chicken Salad \$5.00
- Baked Muffin \$1.00(M, W & F)
- Yogurt Parfait w/granola \$2.50
- Side Salad \$2.50
- Entrée Only \$2.50
- Soup and Roll \$2.50
- Fresh Turkey OR Ham Wraps \$3.25
- Assorted Snacks \$1.00 - \$2.00
- Seasonal Hand Fruit \$1.00
- Assorted Milk \$.50
- Cheese Stick \$.50
- Assorted Ice Cream \$1.00 - \$2.50
- Assorted Beverages \$1.50
- Soft Pretzel \$1.25 - Tuesday
- Nachos \$2.00 - Monday
- Smoothies \$1.50 - Thursday

*** Please Note that ALL**
Combo Meals are served
w/two sides & your choice of
Milk or Water.

