

GESU Elementary Lunch Menu- December/January

New Daily A La Carte Items: Muffins, Soup, Ham & Cheese Wraps

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 18 Popcorn Chicken OR Cheeseburger Mandarin Oranges Mixed Veggies Milk or Water Nachos w/Cheese Potato Bacon Soup	December 19 Beef OR Chicken Soft Taco OR Cheeseburgers Roasted Potato Fruit slushy Milk or Water Pretzel Potato Bacon Soup	December 20  MERRY CHRISTMAS	December 21  MERRY CHRISTMAS	December 22  MERRY CHRISTMAS
December 25  MERRY CHRISTMAS	December 26  MERRY CHRISTMAS	December 27 No School  MERRY CHRISTMAS	December 28 No School  MERRY CHRISTMAS	December 29 No School  MERRY CHRISTMAS
January 1  happy new year	January 2  happy new year	January 3  happy new year	January 4 Donut Holes /Sausage Links WG OR Crispy Chicken Sandwich WG Bun Grapes & Brussel Sprouts Milk or Water Fresh Smoothie Corn Chowder Soup	January 5 Popcorn Chicken Fruit Salad Baked Waffle Fries Milk or water OR Pizza Corn Chowder Soup
January 8 Grilled Cheese Sandwich OR Corn Dog Green Beans & Pears Milk or Water Nachos w/Cheese Tomato Basil Soup	January 9 Beef or Chicken Soft Taco OR Corn Dog Roasted Potatoes & Corn Milk or Water Pretzels Chicken Tortilla Soup	January 10 Corn Dog Cauliflower Baked Smile Fries Milk or water OR Pizza Tomato Basil Soup	January 11 Corn Dog OR French Toast WG w/ Sausage Links Broccoli & Warm Apples slices Milk or Water Tomato Basil Soup Fresh Smoothie	January 12 Corn Dog Baked Tater Tots Fruit Slushy Milk or Water OR Pizza Tomato Basil Soup
January 15 No School 	January 16 Beef or Chicken Soft Taco OR Crispy Chicken Sandwich /WG Bun Corn & Rice Fresh Pineapple Milk or Water Pretzels Chicken Noodle Soup	January 17 Crispy Chicken Sandwich /WG Bun Warm Apples & Baked Fries Milk or water OR Pizza Chicken Noodle Soup	January 18 Pasta Marinara W/ Garlic Toast OR Crispy Chicken Sandwich WG Bun Grapes & Brussel Sprouts Milk or Water Fresh Smoothie Chicken Noodle Soup	January 19 Chicken Nuggets Baked Sweet Potato Fries Fruit Salad Milk or water OR Pizza Chicken Noodle Soup

The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!



Menus are subject to change.

Combo Lunch Price....\$3.50
 Entrée Only.....\$2.50
 Side Only.....\$1.00

Pizza Days are Wed. & Fri.
\$2.50 Sold Only by the Slice.

A La Carte Selections
 Grilled Chicken Salad \$5.00
 Baked Muffin \$1.00(M, W & F)
 Yogurt Parfait w/granola \$2.50
 Side Salad \$2.50
 Entrée Only \$2.50
 Soup and Roll \$2.50
 Fresh Turkey OR Ham Wraps \$3.25
 Assorted Snacks \$1.00 - \$2.00
 Seasonal Hand Fruit \$1.00
 Assorted Milk \$.50
 Cheese Stick \$.50
 Assorted Ice Cream \$1.00 - \$2.50
 Assorted Beverages \$1.50
 Soft Pretzel \$1.25 - Tuesday
 Nachos \$2.00 - Monday
 Smoothies \$1.50 - Thursday
*** Please Note that ALL Combo Meals are served w/two sides & your choice of Milk or Water.**

