




# GESU Elementary Lunch Menu- February & March

## New this Month and every Thursday- S'mores for \$1.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>February 18</b>  <b>February 19</b> <b>Beef OR Chicken Soft Taco OR Baked Potato</b> Corn & Pineapple Milk or Water  <b>Pretzel</b>  Chicken Tortilla Soup	<b>February 20</b> <b>Hamburger WG Bun</b> Mixed Veggies & <i>Baked</i> Waffle Fries Milk or water OR <b>Pizza Muffins</b> Chicken Tortilla Soup	<b>February 21</b> <b>Donut Holes WG W/Sausage Links OR Hamburger WG Bun</b> Carrots & Grapes Milk or Water <b>S'more</b> <b>Fresh Smoothie</b> Chicken Tortilla Soup	<b>February 22</b> <b>Chicken Tenders</b> <i>Baked</i> Smile Fries Fruit Salad Milk or Water OR <b>Pizza Muffin</b> Chicken Tortilla Soup	The "WG" on the menu indicates the product is "Whole Grain". Whole grains foods have many nutritional benefits including their fiber which helps to keep us full longer after eating them!
<b>February 25</b> <b>Teriyaki Chicken and Fried Rice w/ Fortune Cookie OR Meatball Sub</b> Broccoli & Oranges Milk or Water <b>Nachos w/Cheese</b> Italian Wedding Soup	<b>February 26</b> <b>Beef or Chicken Soft Taco OR Meatball Sub</b> Rice & Pineapple Milk or Water <b>Pretzels</b> Italian Wedding Soup	<b>February 27</b> <b>Meatball Sub WG Bun</b> Brussel Sprouts & <i>Baked</i> Tater Tots Milk or water OR <b>Pizza Muffin</b> Italian wedding Soup	<b>February 28</b> <b>French Toast WG W/Sausage Links OR Meatball Sub WG Bun</b> Green Beans & Mandarin Oranges Milk or Water <b>Smoothie &amp; S'more</b> Italian Wedding Soup	
<b>March 4</b> <b>Baked Potato Bar OR Corn Dog WG</b> Veggies & Oranges Milk or Water  <b>Nachos w/Cheese</b>  Tomato Basil Soup	<b>March 5</b> <b>Beef or Chicken Soft Taco OR Corn Dogs WG</b> Corn & Peaches Milk or Water <b>Pretzels</b>  Tomato Basil Soup	<b>March 6</b> <b>Grilled Cheese</b> <i>Baked</i> Tater Tots & Grapes Milk or Water OR <b>Pizza Muffin</b> Tomato Basil Soup	<b>March 7</b> <b>Pasta &amp; Meatballs w/Garlic Stick OR Corn Dog WG</b> Fruit Salad & Green Beans Milk or Water <b>S'more</b> <b>Fresh Smoothie</b> Tomato Basil Soup	<b>No School</b> 
<b>March 11</b> <b>BBQ Pulled Pork Sandwich OR Crispy Chicken Sandwich WG Bun</b> Carrots Warm Apples Milk or Water <b>Nachos w/Cheese</b> Chicken Dumpling Soup	<b>March 12</b> <b>Beef or Chicken Soft Taco OR Crispy Chicken Sandwich WG Bun</b> Pineapple & Corn Milk or Water <b>Pretzels</b> Chicken Dumpling Soup	<b>March 13</b> <b>Crispy Chicken Sandwich WG Bun</b> Mixed Veggies <i>Baked</i> Smile Fries Milk or water OR <b>Pizza Muffin</b> Chicken Dumpling Soup	<b>March 14</b> <b>Waffles w/Sausage Link OR Crispy Chicken Sandwich WG Bun</b> Broccoli & Grapes Milk or Water <b>S'more</b> <b>Fresh Smoothie</b> Chicken Dumpling Soup	
<b>March 18</b>  <b>No School</b>	<b>March 19</b> <b>Beef or Chicken Soft Taco OR Hot Dog /WG Bun</b> Corn & Rice Fresh Pineapple Milk or Water <b>Pretzels</b> Italian Wedding Soup	<b>March 20</b> <b>Chicken Nuggets</b> Peaches & <i>Baked</i> Fries Milk or water OR <b>Pizza Muffin</b> Italian Wedding Soup	<b>March 21</b> <b>Egg, Bacon Cheese Sandwich OR Hot Dog WG Bun</b> Grapes & Green Beans Milk or Water <b>S'more</b> <b>Fresh Smoothie</b> Italian Wedding Soup	
			<b>March 22</b> <b>Egg Roll w/Fried rice</b> Mandarin Oranges Broccoli Milk or Water OR <b>Pizza Muffin</b> Italian Wedding Soup	



Menus are subject to change.



Combo Lunch Price....\$3.50

Entrée Only.....\$2.50

Side Only.....\$1.00

Pizza Days are Wed. & Fri.

\$2.50 Sold Only by the Slice.

A La Carte Selections

- Grilled Chicken Salad \$5.00
- Baked Muffin & S'mores \$1.00
- Yogurt Parfait w/granola \$2.50
- Side Salad \$2.50
- Entrée Only \$2.50
- Soup and Roll \$2.50
- Fresh Turkey OR Ham Wraps \$3.25
- Assorted Snacks \$1.00 - \$2.00
- Seasonal Hand Fruit \$1.00
- Assorted Milk \$.50
- Cheese Stick \$.50
- Assorted Ice Cream \$1.00 - \$2.50
- Assorted Beverages \$1-1.50
- Soft Pretzel \$1.25 - Tuesday
- Nachos \$2.00 - Monday
- Smoothies \$1.50 -

\* Please Note that ALL Combo Meals are served w/two sides & your choice of Milk or Water.

